MY LEADERSHIP JOURNEY

MY LEADERSHIP JOURNEY

Leadership development for those carrying real responsibility.

IMPACT • CONNECTION • TRANSFORMATION

MY LEADERSHIP JOURNEY

The Shift Leadership Requires Today

THE CHALLENGE

Three pressures shaping the leadership context:

01 **HIGH EXPECTATIONS. LESS RECOVERY.**

Leaders are expected to deliver more with less space for reflection.

02 **DISCONNECTED TEAMS. GROWING COMPLEXITY.**

Hybrid work and constant change create distance and fragmentation.

03 **CONTINUOUS UNCERTAINTY.**

The pace of change exceeds the pace of adaptation.

THE SOLUTION

My Leadership Journey strengthens three essential leadership outcomes:

01 **IMPACT**

Creating behavioral shifts and raising the probability for creating meaningful results.

02 **CONNECTION**

Increases participants ability to build trust, improve relationships and increase influence.

03 **TRANSFORMATION**

Grow participants ability to lead through uncertainty while continuously evolving.

MY LEADERSHIP JOURNEY

Personal Leadership

THE FOUNDATION OF MY LEADERSHIP JOURNEY

Personal Leadership is the capacity to consciously lead ourselves, regardless of context ...

... recognizing and choosing where we are starting from, engaging with reality intentionally, and translating our intentions into actions that shape results, relationships, and change.

RECOGNIZE & CHOOSE	ENGAGE INTENTIONALLY	TRANSLATE INTO ACTION

How I lead myself shapes how I lead others and the impact I create.

MY LEADERSHIP JOURNEY

The Thinking Behind Personal Leadership

FOUR COMPLEMENTARY CONCEPTUAL TRADITIONS

CHARLES C. MANZ

Self-Leadership

Self-influence: directing our own motivation and behavior.

CONSCIOUSLY LEAD OURSELVES

READ SOURCE ↗

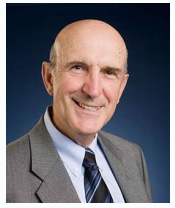
PETER F. DRUCKER

Managing Oneself

Understanding our strengths, values and ways of working to contribute meaningfully.

RECOGNIZE WHERE WE START FROM

READ SOURCE ↗



ROBERT E. QUINN

Fundamental State of Leadership

Changing our inner stance to respond with purpose, openness and concern for others.

CHOOSE OUR STARTING STANCE

READ SOURCE ↗

ROBYN VESEY (Henely Business School)

Personal Leadership

Internal authority, self-in-role and relational patterns shape how we lead.

ENGAGE WITH REALITY INTENTIONALLY

READ SOURCE ↗

MY LEADERSHIP JOURNEY

Designed For Real Leadership

Three complementary ways of learning

EXPERIENCE

- NOVA business simulation.
- Experience choices, trade-offs, relationships and consequences.

AWARENESS

- Reflection and developmental models.
- Explore what drives responses, decisions and leadership patterns.

INTEGRATION

- Breathwork and NeuroVIZR.
- Create space to connect insight with an embodied experience.

Experience → Awareness → Integration → Action

MY LEADERSHIP JOURNEY

What Is My Identity Journey?

01 IDENTITY FOUNDATIONS

The developmental work already done, or still needed, based on Erik Erikson's identity model.

- Not therapy, not diagnosis
- The base leadership stands on
- Rooted in Erik Erikson's model

02 DEVELOPMENT CAPACITIES

The capacities I actively strengthen throughout the journey - intuitive, relational and executive.

- Intuitive
- Relational
- Executive

03 LEADERSHIP OUTCOMES

How my leadership becomes visible - in results, relationships and how I lead through change.

- Impact
- Connection
- Transformation

MY LEADERSHIP JOURNEY

MOST LEADERSHIP DEVELOPMENT

Focuses on Behavior

VERY LITTLE

Focuses on The Leader

MY LEADERSHIP JOURNEY

The developmental architecture

Three distinct layers, united by the Personal Leadership lens.

IDENTITY FOUNDATIONS

Erikson’s developmental perspective as a background for understanding where we lead from.

DEVELOPMENT CAPACITIES

Executive · Relational · Intuitive

Capacities we practise, deepen and bring into action.

LEADERSHIP OUTCOMES

Impact · Connection · Transformation

How leadership becomes visible in real situations.

Developmental foundations and archetypal energies are complementary lenses, not a fixed one-to-one mapping.

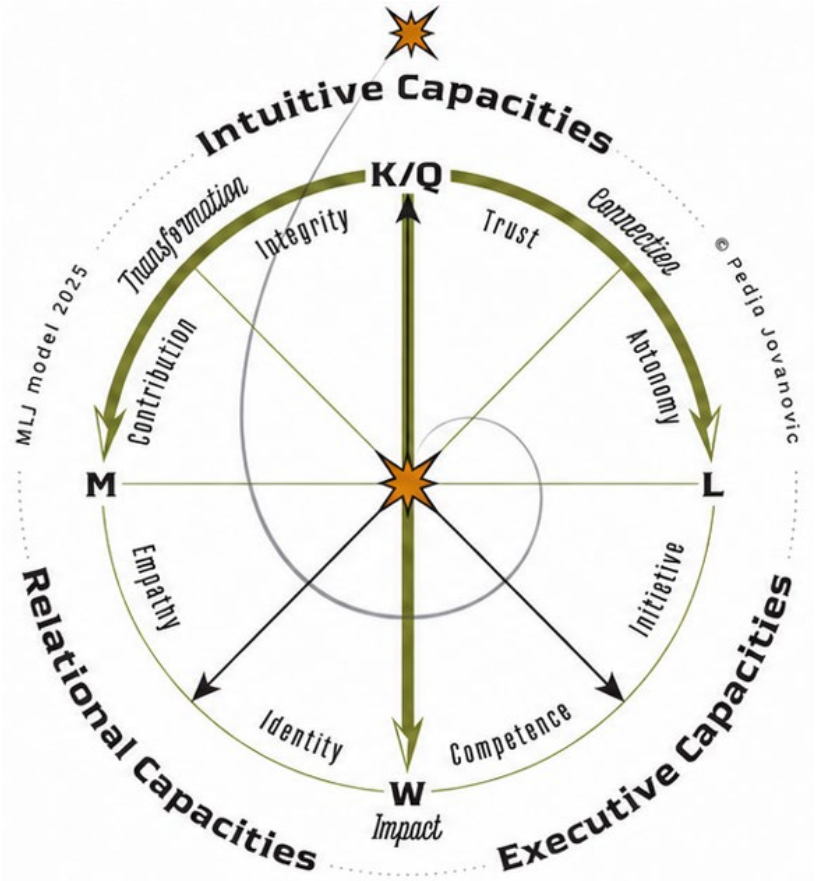
MY LEADERSHIP JOURNEY

The Model

1. IDENTITY FOUNDATIONS

The developmental work I've already done or still need to do (based on Erik Erikson's identity development model)

- Trust
- Integrity
- Empathy
- Identity
- Autonomy
- Competence
- Contribution
- Initiative



3. LEADERSHIP OUTCOMES

How my leadership becomes visible.

1 **IMPACT**
- Delivering results
- Influencing behaviors
- Achieving KPIs

2 **CONNECTION**
- Building trust
- Strengthening relationships
- Creating engagement

3 **TRANSFORMATION**
- Leading others through change
- Supporting growth
- Navigating uncertainty

2. DEVELOPMENT CAPACITIES

The capacities I actively strengthen.

1 **INTUITIVE CAPACITIES**
Sense direction, meaning and possibilities.

2 **RELATIONAL CAPACITIES**
Create meaningful connection and strengthen relationships.

3 **EXECUTIVE CAPACITIES**
Translate intention into action and create movement.

MY LEADERSHIP JOURNEY

The Three Outcomes

01 IMPACT

Actively working on delivering meaningful results through clarity, intentional action and presence.

- Delivering results
- Influencing behaviors
- Achieving KPIs

02 CONNECTION

Building trust, relationships and stronger collaboration in complex environments.

- Building trust
- Strengthening relationships
- Creating engagement

03 TRANSFORMATION

Leading through change while continuously evolving and creating new possibilities.

- Leading people through change
- Supporting growth
- Navigating uncertainty

Leadership creates meaningful impact when all three outcomes show up consistently for people, teams and the organization.

NOVA Business Simulation

A business simulation integrated across all three days.

ONE CONTINUOUS STORY

- Three connected chapters
- Decisions with business and human consequences
- Team dynamics, competing priorities and uncertainty
- Simple visible outputs for guided reflection

Development, not assessment.

MY LEADERSHIP JOURNEY

The journey unfolds over three days

NOVA creates a continuous experience; each day opens a different leadership lens.

DAY 1

IMPACT

Executive capacities

· Decisions
· Responsibility
· Consequences

DAY 2

CONNECTION

Relational capacities

· Trust
· Influence
· Collaboration

DAY 3

TRANSFORMATION

Intuitive capacities

· Uncertainty
· Direction
· Possibilities

Every NOVA chapter closes with reflection: What did I do? What drove it? How did my inner stance shape my impact?

MY LEADERSHIP JOURNEY

Day 1 - Impact

How do I influence people, systems and results?

EXECUTIVE CAPACITIES

NOVA / CHAPTER 1

Leadership choices under pressure: set priorities, allocate resources, decide, commit and face consequences.

DEVELOPMENT & REFLECTION

Leadership identity, internal drivers, executive capacities and impact mapping.

INTEGRATION

Breathwork and reflective journaling.

From automatic reactions to conscious leadership choices.

MY LEADERSHIP JOURNEY

Day 2 - Connection

How do I create trust, connection and influence?

RELATIONAL CAPACITIES

NOVA / CHAPTER 2

Multiple stakeholders, different interests and interdependent decisions require collaboration and difficult conversations.

DEVELOPMENT & REFLECTION

Relational patterns, presence, trust, feedback and influence.

INTEGRATION

NeuroVIZR light-and-sound experience and reflection.

From individual positions to intentional human connection.

MY LEADERSHIP JOURNEY

Day 3 - Transformation

How do I lead when the map changes?

INTUITIVE CAPACITIES

NOVA / CHAPTER 3

New information and unexpected developments challenge assumptions, plans and established ways of working.

DEVELOPMENT & REFLECTION

Intuitive capacities, working with uncertainty, personal vision and new possibilities.

INTEGRATION

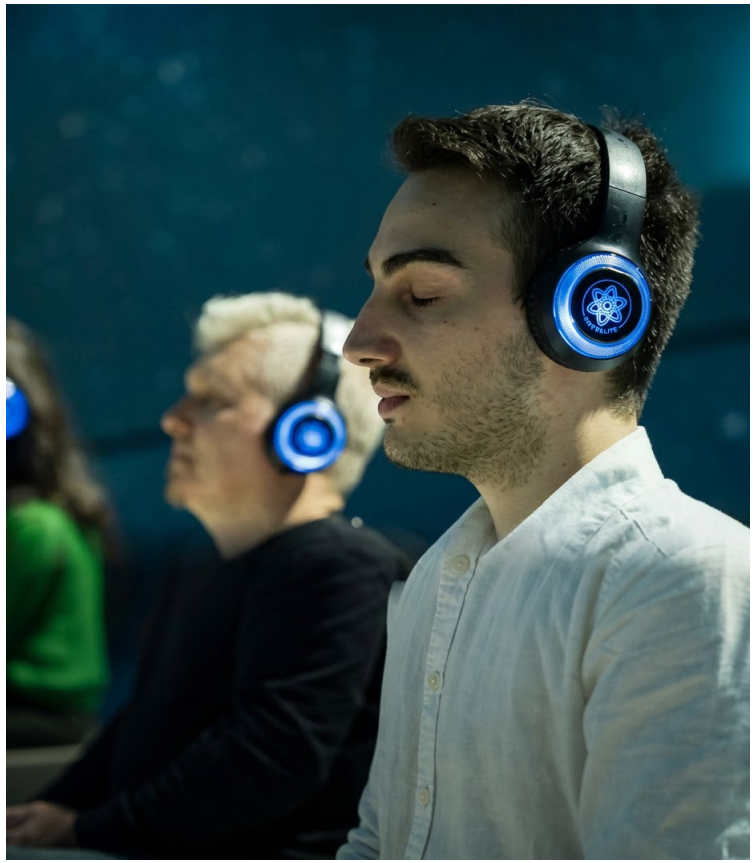
Deep integrative breathwork and action intentions.

From the need for certainty to purposeful movement through change.

MY LEADERSHIP JOURNEY

Integration is where the learning deepens

The simulation opens the experience; reflection and embodiment help give it meaning.



NOTICE

WHAT HAPPENED

UNDERSTAND

WHAT DROVE IT

CHOOSE

WHAT COMES NEXT

MY LEADERSHIP JOURNEY

What leaders can take back to work and life

Six development outcomes that extend beyond a single training experience.

01 INNER ALIGNMENT

Closer alignment between values, priorities, decisions and actions.

02 TEAM CONNECTION

Greater trust, openness and quality of collaboration.

03 GROUNDING

More intentional responses under pressure.

04 PERSONAL VISION

Clarity of direction and what matters.

05 LEADERSHIP PRESENCE

A stronger ability to influence with authenticity.

06 NAVIGATING UNCERTAINTY

Confidence to act without complete answers.

MY LEADERSHIP JOURNEY

People Behind Experience

PEDJA JOVANOVIC

LEADERSHIP IDENTITY ARCHITECT

- 20+ years of international leadership development experience
- Leadership identity & transformation

IVANA BLECIC

LEADERSHIP CULTURE EXPERT

- Leadership development & organizational culture
- Strategy, people and culture alignment

STEPANKA JOVANOVIC

SOMATIC LEADERSHIP EXPERT

- Breathwork & nervous-system regulation
- Resilience and emotional balance

MY LEADERSHIP JOURNEY

Bring My Leadership Journey to your leadership team.

A premium in-house leadership development experience.
Built around the human being behind the leadership role.